

Product	Size	Cost	Cost/oz	Conversion
Hodgson Mill Whole Wheat flour	5 lbs	\$3.46	4.3¢/oz	18.5¢/cup
King Arthur Whole Wheat flour	5 lbs	\$3.98	5.0¢/oz	21.2¢/ cup
King Arthur Flour Unbleached White Whole Wheat Flour	5 lbs	\$3.98	5.0¢/oz	21.2¢/ cup
Gold Medal White Whole Wheat Flour	5 lbs	\$3.74	4.7¢/oz	19.9¢/cup
Pillsbury Bread Flour	5 lbs	\$2.72	3.4¢/oz	14.5¢/cup
Hodgson Mill Vital Wheat Gluten	6.5 oz	\$18.28	35.2¢/oz	30.5¢/teaspoon
Bob's Red Mill Whole Ground Flaxseed Meal	16 oz	\$2.56	16¢/oz	7.5¢/2 Tablespoons
Fleishmans instant yeast	0.75 oz	\$1.34	\$1.78/oz	44.7¢ per packet (2 1/4 teaspoon)
Fleishmans active dry yeast	0.75 oz	\$1.34	\$1.78/oz	44.7¢ per packet (2 1/4 teaspoon)
Morton Salt	26 oz	74¢	2.8¢/oz	0.6¢/teaspoon
GV pure sugar	4 lbs	\$1.98	3.1¢/oz	20.8¢/cup (1.3¢/TBS)
GV Brown Sugar	2 lbs	\$1.78	5.6¢/oz	
GV clover honey	32 oz	\$7.88	24.6¢/oz	18.3¢/Tablespoon
Grandma's Molasses	12 oz	\$2.88	24¢/oz	12¢/Tablespoon
Minute Maid original 100% orange juice	59 oz	\$2.57	4.4¢/oz	7.3 cups/container
GV Nonfat Instant Dry Milk	25.6 oz	\$7.48	29.2¢/oz	37.8¢/1/4 cup
GV reduced fat 2% milk	1 gallon	\$2.56	2¢/oz	16¢/cup
Pompeian Robust Flavor Extra Virgin Olive Oil	68 oz	\$14.98	22¢/oz	46.8¢/Tablespoon
Mazola 100% Pure Corn Oil	40 oz	\$3.34	8.4¢/oz	4.2¢/Tablespoon
GV Canola Oil	48 oz	\$2.22	4.6¢/oz	2.3¢/Tablespoon
GV sweet cream unsalted butter sticks	16 oz	\$2.97	18.6¢/oz	1/2 cup per stick
Sunny Meadow Extra Large Grade A Eggs	18 count	\$3.80	21.1¢/egg	
5th Season Italian seasoning	0.95 oz	\$0.94	98.9¢/oz	10.6¢/Tablespoon
Kraft finely schreeded parmesan cheese	6 oz	\$4.24	70.7¢/oz	
McCormick Spice World Jumbo Garlic	2.5 oz	\$0.98	39.2¢/oz	9.8¢/clove